



Wellness is a return to self.



THE ILOLA PHILOSOPHY

Ilola Spa is rooted in ancestral wisdom and expressed through contemporary African luxury. Each ritual is designed to restore balance, presence, and quiet strength.



SIGNATURE WELLNESS RITUALS

Grounding massages, botanical ceremonies, and stone therapies delivered with intention. Price list available upon request.



BODY & MASSAGE

Slow, rhythmic bodywork using indigenous oils and earth-derived techniques.

FACIAL THERAPIES

Restorative facials balancing skin science with ritual care.



DISCREET AESTHETICS & LASER

Advanced laser and skin therapies delivered with discretion and calm authority. All services offered following private consultation.



COUPLES & JOURNEYS

Shared rituals designed for intimacy, restoration, and connection.



ILOLA

Where ancestral wisdom meets contemporary African luxury.